

Press Release

31 July 2008

Girls Sleep Walk To Record Fundraising Event

326 fun loving females took to the streets of Haywards Heath and Lindfield on Saturday (19th July) for the first ever Sleep Walk, a 10km female-only midnight walk raising money for St Peter & St James Hospice in North Chailey. The night was a huge success and raised more than any other event ever organised by the Hospice.

Head of Fundraising Gill Cronin said of the night: "The atmosphere was fantastic and everybody really got into the spirit of the event by wearing what they sleep in. With entry fees and sponsorship pledged on the night the Sleep Walk is expected to raise £25,000 which is fantastic, especially considering that this was the first time that we've held the event. Everybody seemed to really enjoy themselves so we hope that they'll all come back next year with their friends."

The Sleep Walk could not have happened without enormous support from an army of volunteers on the night. Gill said: "We owe a huge amount to everyone who helped out on Saturday. There was a team of more than 50 marshalls out on the route, as well as volunteers who helped to lay out the route, light Victoria Park, register all of the walkers, check them back in and clear everything away afterwards. Huge thanks go to the ladies from Curves for their fantastic warm up and to the Burgess Hill, Haywards Heath and District Round Table who cooked bacon rolls and made tea and coffee for all of the walkers and volunteers. It was a real team effort and I hope that they all enjoyed a nice long lie in on Sunday morning! I must also express my thanks to all of the local businesses who supported the Sleep Walk, without their backing we would not have raised as much money so thank you all. Special thanks go to Icon Live who supplied a special Sleep Walk bracelet for all walkers."

Photographs from the Sleep Walk can be viewed on the Hospice's website www.stpeter-stjames.org.uk. If you took part in the Sleep Walk and have any photographs from the night please email them to karen.lambert@stpeter-stjames.org.uk

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