

Press Release

28th September 2009

Josh Makes It A Hat-trick At Hospice Fun Run

Josh Burgess from Lewes took his third consecutive win at the St Peter & St James Hospice Fun Run or Walk on Sunday (27th September) finishing the 5½ mile cross country course in 34 minutes and 53 seconds. More than 400 people took part in the 6th annual Fun Run or Walk raising thousands of pounds for the Hospice in North Chailey.

Head of Fundraising Gill Cronin said: "We were delighted to see so many people on what turned out to be a glorious September day. The Fun Run or Walk attracts people of all ages and abilities including serious athletes, those who walk in memory of a loved one and toddlers who complete our Junior Fun Run. I would like to congratulate everyone who took part. We would not be able to organise such a fantastic event without the support that we receive from so many groups and individuals including the Haywards Heath Harriers, Go Gourmet, CERT, Ian Pack's UK Photo Walks, Forfars, American Express, Sussex Bootcamps, Pete Cohen and all of our own wonderful volunteers who turned up to help."

Coming in second for the men was Del Wallace (35 minutes and 52 seconds) with Richard Carter (36 minutes and 36 seconds) in third place. Winning the ladies race was Rebecca Woodman (38 minutes and 53 seconds) followed by Beth Kidger (40 minutes and 47 seconds) and her sister Megan Kidger (41 minutes and 23 seconds).

Photographs from the Fun Run or Walk will be available to view and to buy via the Hospice's website www.stpeter-stjames.org.uk.

- ENDS -

Photograph credit: "Photograph by Ian Pack - www.packshots.biz"

For further information: Karen Lambert or Gill Cronin on 01444 471598

Notes to Editors: About St Peter & St James Hospice & Continuing Care Centre

Our mission as a registered charity is to provide specialist care, love and support for those living with progressive, life limiting illnesses from East and West Sussex. We will endeavour to meet the needs of each patient, their family and friends. We aim to encourage and enable all patients to live their lives to their full potential despite their illnesses.

We care for patients from Burgess Hill, Haywards Heath, Lewes, Uckfield and the surrounding villages. Last year we provided care for more than 400 patients and their families. All of our Hospice services are free of charge and we receive just 15% of our funding from the Government. This means we have to raise more than £1.4 million every year through fundraising. That's £4,000 every single day.

If you are interested in working or volunteering at St Peter & St James please contact Human Resources on 01444 471598 or visit www.stpeter-stjames.org.uk.

Website: www.stpeter-stjames.org.uk

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Registered Charity Number: 1056114

Images: For logos and photographs please contact Karen Lambert on 01444 471598 or email karen.lambert@stpeter-stjames.org.uk