

## **Press Release**

12<sup>th</sup> April 2010

Set Your Alarm to Sleep Walk for St Peter & St James!

Calling all ladies! It's time to Sleep Walk! Come and join St Peter & St James Hospice for our 2010 Sleep Walk on Saturday 17<sup>th</sup> July - A girl's night out with a difference!

Starting at the Freedom Leisure in Haywards Heath, ladies are invited to take part in a sponsored 10km walk around Haywards Heath and Lindfield. The only difference is that we ask you to wear your PJ's! Team and single entries are welcome for this event.

It will be our 3<sup>rd</sup> Sleep Walk this year and we are looking to beat the incredible number of 700 walkers from last year's event and be at full capacity with 850 walkers! Last year we raised the most fantastic amount of £72,000 and we'd really like to try and beat that too!

A baseball cap, finisher's memento and breakfast awaits all the ladies who finish plus the excuse of being able to buy new PJ's for the event – what are you waiting for???

On the night we are also going to need husbands, partners, dads, sons, brothers and friends as volunteers to help make this event go as smoothly as possible and keep our ladies safe whilst walking!. So if you know of any willing volunteers put their details on your entry form or contact the Fundraising Department

Entry closes on Friday 9<sup>th</sup> July and you cannot enter on the night so sign up now to avoid disappointment.

For more information or to download an application form please go to [www.stpeter-stjames.org.uk](http://www.stpeter-stjames.org.uk) or ring 01444 471598

- ENDS -

**For further information:** Hayley Bradbury on 01444 471598

### **Notes to Editors: About St Peter & St James Hospice & Continuing Care Centre**

Our mission as a registered charity is to provide specialist care, love and support for those living with progressive, life limiting illnesses from East and West Sussex. We will endeavour to meet the needs of each patient, their family and friends. We aim to encourage and enable all patients to live their lives to their full potential despite their illnesses.

We care for patients from Burgess Hill, Haywards Heath, Lewes, Uckfield and the surrounding villages. Last year we provided care for more than 400 patients and their families. All of our Hospice services are free of charge and we receive less than 20% of our funding from the Government. This means we have to raise more than £1.4 million every year through fundraising. That's £4,000 every single day.

If you are interested in working or volunteering at St Peter & St James please contact Human Resources on 01444 471598 or visit [www.stpeter-stjames.org.uk](http://www.stpeter-stjames.org.uk).

**Website:** [www.stpeter-stjames.org.uk](http://www.stpeter-stjames.org.uk)

**Email:** [fundraising@stpeter-stjames.org.uk](mailto:fundraising@stpeter-stjames.org.uk)

**Registered Charity Number:** 1056114

**Images:** For logos and photographs please contact Hayley Bradbury on 01444 471598 or email [Hayley.bradbury@stpeter-stjames.co.uk](mailto:Hayley.bradbury@stpeter-stjames.co.uk)

