

Press Release

6 May 2010

St Peter & St James need's you!



This year we have been lucky enough to secure 15 places in this very popular event and now we need your help to make sure it becomes a “runaway” success for us!

All we ask is that you pledge to raise £150 minimum sponsorship for us; we'll supply you with sponsorship forms to hand out to your sponsors and a bespoke running vest so that everyone knows that you are helping us!

Now in its 20th year the Great South Run is Europe's leading 10 mile road race. Around 20,000 runners will take part in this highly popular run, raising £ millions for a variety of charities. The 10 mile course is fairly flat, and offers a wide range of views and historic sites along the way, such as HMS Warrior, HMS Victory and the Spinnaker Tower.

Along with the thousands of fun runners, club athletes and charity teams, will be a mix of celebrities and elite athletes from around the world. In 2009 British runner Mo Farah won the men's race with a time of 46mins 25secs, whilst Portuguese runner Ines Monteiro won the ladies race in 52mins 32secs.

Please get in touch with Hayley or Gill in fundraising on 01444 471598 for more information.

- ENDS -

For further information: Gill Cronin on 01444 471598

Notes to Editors: About St Peter & St James Hospice & Continuing Care Centre

Our mission as a registered charity is to provide specialist care, love and support for those living with progressive, life limiting illnesses from East and West Sussex. We will endeavour to meet the needs of each patient, their family and friends. We aim to encourage and enable all patients to live their lives to their full potential despite their illnesses.

We care for patients from Burgess Hill, Haywards Heath, Lewes, Uckfield and the surrounding villages. Last year we provided care for more than 400 patients and their families. All of our Hospice services are free of charge and we receive less than 20% of our funding from the Government. This means we have to raise more than £1.4 million every year through fundraising. That's £4,000 every single day.

If you are interested in working or volunteering at St Peter & St James please contact Human Resources on 01444 471598 or visit www.stpeter-stjames.org.uk.

Website: www.stpeter-stjames.org.uk

Email: fundraising@stpeter-stjames.org.uk

Registered Charity Number: 1056114

Images: For logos and photographs please contact Gill Cronin on 01444 471598 or email gill.cronin@stpeter-stjames.org.uk